So what makes an Olympian?
Is it strength?
Behdad Salimikordasiabi of Iran won gold in the men’s +105kg weightlifting category with a total lift of 455kg.
Is it speed?
Usain Bolt from Jamaica the world’s fastest sprinter became the first man in Olympic history to retain his 200-meter title and he also became the first to win both the 100 and 200 in two Olympics.
Is it agility?
Kohei Uchimura lived up to his top billing at the London Games to give Japan a first men's gymnastics individual all-around Olympic gold medal in 28 years.
Is it drive?
American swimmer Michael Phelps swam his final Olympic race winning his 18th gold and 22nd overall medal making him the most decorated medalist in history of the Games
Is it leadership?
Helen Glover and Heather Stanning won Great Britain’s first gold medal of London 2012 and become the first British female rowers to claim Olympic victory.
Is it teamwork?
Mexico scored the quickest goal in Olympic football history to ensure five-time World Cup winners Brazil miss out yet again on an Olympic gold medal.
Is it perseverance?
Cyprus basked in Olympic glory after its first ever medal winner Pavlos Kontides sailed his Laser to silver and can expect a hero's welcome when he returns home to the east Mediterranean island.
Is it pride?
Gabby Douglas, "My experience in London has definitely been a great journey for me,“ to go down in history and be the first African American to win the individual all-around is definitely a great feeling, and I feel so honored.”
Is it courage?
Wojdan Shahrkhani and Sarah Attar both representing Saudi Arabia at the Games, marked the first time ever that women have competed for Saudi Arabia in the history of the Olympics.
Oscar Pistorius the first double-amputee to compete in the Games finished last in his men’s 400-meter semifinal. But so inspired, Kirani James of Grenada who won the race exchanged running bibs as a symbol of respect.
Is it compassion?
Arsen Galstyan of Russia won the Olympic men’s 60-kilogram judo gold medal. Galstyan defeated one of the favorites, Hiroaki Hiroaka of Japan, to take the division and then his first Olympic medal.
Is it determination?
Yang Hak-seon pocketed gold in the men's vault at the North Greenwich Arena in London, giving Korea its first-ever Olympic title in gymnastics.
Is it desire?
Erick Barrondo won silver in the 20-km race walk at the Games. He's the first ever Guatemalan to medal in the Olympics.
So what makes an Olympian?
Answer: All of the above.

http://www.youtube.com/watch?v=0pWUwaYER14