Wojapi Pudding (Lakota)

2 pounds berries (blueberries, raspberries, blackberries, strawberries)

1 tablespoon honey

1 cup water

½ cup flour

1. Put berries, honey & water in saucepan and mash together
2. Stir in flour a little at a time
3. Bring to boil over medium high heat
4. Lower heat and simmer, stirring constantly until pudding thickens
5. Remove from heat and cool