

# 4th Annual 5K Run/1 Mile

Saturday, August 6, 2005

## JOSEPH C. MONASTRA RACE **REFUSE TO LOSE** The Fight Against Pancreatic Cancer



Race proceeds benefit the Joseph C. Monastra Foundation for Pancreatic Cancer Research at Johns Hopkins University dedicated to early detection and prevention of pancreatic cancer. In April 2002, we lost Joe to pancreatic cancer after a brief, yet courageous battle against the disease. Joe dedicated his life and career to his family, friends and the U.S. Defense Industry. In honor of his memory and legacy we felt it imperative to make it our mission to fight this disease.

For more information visit [www.pathology2.jhu.edu/pancreas/monastra.htm](http://www.pathology2.jhu.edu/pancreas/monastra.htm)

**DATE:** Saturday, August 6, 2005

**EVENT:** 5KRun/1 Mile Walk

**TIME:** Walk 8:30 am Run 9:00 am

**START/FINISH:** Hudson Green

**ENTRY FEES:** \$16 through August 3, 2005  
\$20 day of race • \$13 (14 and under)

**REGISTRATION** Mail-in entries and \$16 MUST be received by August 3rd; or at Vertical Runner (located at 134 N. Main St.) through Friday, July 29th.

**DIRECTIONS:** Directions, Online Registration and Race Course are available at [hermesccleveland.com](http://hermesccleveland.com) or call 216.623.9933

**RACE PACKET:** Pre-registration packet pick-up available at the Vertical Runner Store from 5 pm - 8 pm on Friday, August 5th or the day of the race at the Gazebo on the Green, in Hudson from 7:30 am - 8:15 am

\* All pre-registered participants will receive a T-Shirt and packet

**AWARDS:** Top male and top female overall finishers, and top three finishers in each male and female age division.  
Age division: 14-under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & over.  
Complimentary Prize Drawings

**PARKING:** Parking is available close to the race site.  
(please look for signs)



ASIAN SUN



Please join us for our family event - informational and educational booths; entertainment - Demonstration by Asian Sun Training Center; Children's play area; raffle prizes; speakers; refreshments and food donated by **Acme** of Hudson; race day bags donated by **CVS** of Hudson; Water by **Distillata**.

### ENTRY FORM

Name \_\_\_\_\_

Age \_\_\_\_\_ Sex \_\_\_\_\_ ☐ 1 Mile Walk

☐ 5K Run

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

☐ \$16.00 through August 3rd

☐ \$20.00 Day of Race

☐ \$13.00 Student Rate  
(14 and Under)

☐ Donations to

Joseph C. Monastra Foundation \$ \_\_\_\_\_

Total Enclosed \$ \_\_\_\_\_

\*T-Shirt Size

M L XL XXL Circle one



Waiver: Joseph C. Monastra Foundation

All persons participating in the Joseph C. Monastra event are required to read, agree to and sign the waiver below before participating. I agree to and assume all risks involved in participating in the Joseph C. Monastra Foundation event and do for myself, my heirs, executors, administrators and assignees waive, release and forever discharge any and all rights, claims or liabilities which I may have or which hereafter accrue to me against The Joseph C. Monastra Foundation and all sponsors and all their representatives, successors and assigns, arising out of my participation in this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's or Guardian Signature (if under 18)

All donations above entry fee are tax deductible. Please make registration checks payable to: **Hermes Sports & Events** and donation checks payable to **JCM Foundation**.

Mail completed entry form with payment to: 1468 W. 9th Street, Suite 825, Cleveland, Ohio 44113. Send Email to [BMLodge@adelphia.net](mailto:BMLodge@adelphia.net)

See reverse side for Pledge Form.

**Special Thanks to  
Hermes Sports & Events**

# PLEDGE FORM

## Race to Make a Difference for Pancreatic Cancer

Saturday, August 6, 2005 • The Green • Hudson, Ohio

Pledges Collected by: \_\_\_\_\_

### PLEDGE TO MAKE A DIFFERENCE

- Use this pledge form to sign up as many sponsors as possible. Duplicate this pledge form as necessary.
- Please copy your completed pledge form for your records.
- Mail your completed pledge form to: (or bring in day of race) Monica Lodge, 2467 Hudson-Aurora Rd., Hudson, OH 44236 (along with checks payable to JCM Foundation).

**You can also bring your pledges to the walk.**

### EVERY DOLLAR MAKES A DIFFERENCE!

All proceeds benefit the JCM Foundation.  
JCM Foundation is a non-profit organization.  
The mission of this foundation is to engage in charitable, education and scientific activities, including funding research, scientific endeavors, directed at eradication

**Make checks payable to the JCM Foundation.**  
**Double your dollars! Check to see if your employer has a Matching Gift Program.**  
**Collect more than \$50 and receive a free sports bottle.**

Sponsor's Name	Address	City	State	Zip	Phone	Pledge Amount

All pledges are tax deductible to the full extent of the law. The JCM Foundation is 501(c)(3) nonprofit organization, Tax ID# 593763498. Your Cancelled check serves as your receipt.

If you have any questions or are interested in becoming a part of the JCM Foundation Team please contact Monica Lodge at [bmlodge@adelphia.net](mailto:bmlodge@adelphia.net) or 330-655-7972.